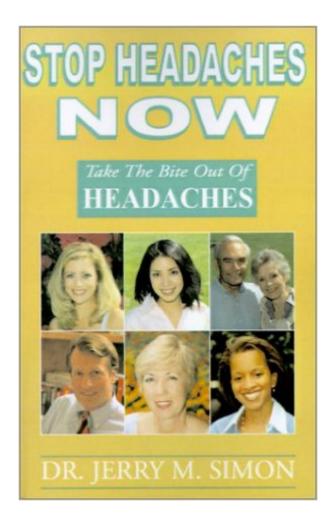
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Stop Headaches Now: Take The Bite Out Of Headaches





Book Information

Paperback: 284 pages Publisher: Wellness Institute, Inc. (August 1, 2001) Language: English ISBN-10: 1587410796 ISBN-13: 978-1587410796 Product Dimensions: 5.5 x 0.6 x 8.5 inches Shipping Weight: 13.8 ounces Average Customer Review: 5.0 out of 5 stars Â See all reviews (5 customer reviews) Best Sellers Rank: #3,016,027 in Books (See Top 100 in Books) #71 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #2224 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Pain Management #3297 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Neurology

Customer Reviews

I have had headaches (I thought they were migraines) for many years. After a while, I stopped taking the medications because they did not help that much and I was fearful of getting used to the drugs. When I read this book, I realized that my headaches/jaw aches/neckaches might mot be migraines after all. I started on a new path and am hopeful that I can be rid of the pain forever.

I have had headaches for several years and in the last two years they started getting worse...not to mention my traditional painkiller cocktail wasn't working anymore. I though it was migraines. My dentist gave me this book...then I understood the problem. Since he fixed my bite I have been headache free for over 9 months.

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I have been suffering for headaches since I was 16. When I got my first serious head pain I left school and was taken to the hospital by a wonderful teacher. I was poked; MRI'd and measured for the next two days out of fear that I may have had a brain tumor. Fortunately I didn't have a brain

tumor but unfortunately the pain didn't stop. According to many wonderful doctors I had "migraines" and "cluster headaches" of unknown origin.For 15 years I single handedly kept Advil in business until I reached a point where I decided I no longer wanted to treat the symptoms and needed confront the problem. I figured, if we can map the entire Human Geno we should be able discover the root of my headaches.Thanks to the internet I was able to pour my self into thousands of pages of materials on headaches to the point where I found myself teaching my doctor a thing or two. I learned about TMJ and figured why not? I am sure it can't do any more damage than 15 years of pain killers!So I spent the money, read the book and then made my doctor read it. We were both further intrigued. I found a dentist in the area who could do "bite adjustments" and gave it a try. It has been 7 months and I would be lying if I told you I have taken Advil for anything other than PMS. Not to mention my doctor has even refered a few people to my desntist with great results.

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